

## **Upcoming Volunteer Trainings at the Rape Crisis Center**

### **Companion and Spanish-speaking Advocate Training (63 hours of training)**

#### **Fall 2010 Class**

**Begins:** Saturday September 11

**Ends:** Saturday November 6

**Schedule:** Saturdays from 9:00 a.m. until 3:30 p.m. and Mondays from 6:00 p.m. until 9:00 p.m.

In observance of religious holidays and UNC-CH's fall break, training will not be held on Saturday September 18 or Saturday October 23.

### **Community Educator Training (32 hours of training)**

#### **Fall 2010 Class**

**Begins:** Saturday September 11

**Ends:** Thursday September 30

**Schedule:** To be finalized. Training will not be held on Saturday September 18 in observance of the Yom Kippur holiday.

### **Support Group Facilitator Training (32 Hours of training)**

Applications are currently being accepted for support group facilitators on a rolling basis. The next training for will be held in early 2011. For more information, please email [groups@ocrcc.org](mailto:groups@ocrcc.org).

*Note: For individuals who are new to working in the anti-sexual violence field, training as a Companion or Spanish-speaking Advocate volunteer provides a strong introduction to the support group facilitator program. Since the next training will not be held until 2011, this may be a way to become involved in the Center's efforts and gain experience supporting survivors of sexual violence.*

### **Office Volunteer**

We are currently looking for individuals to help provide administrative assistance and answer our business phone lines. Training for this role is on-site. For more information, please call the Chapel Hill office at 919-968-4647.

### **Board of Directors Volunteer**

For more information about becoming involved with the Center's Board of Directors, please call the Executive Director at 919-968-4647.



## Volunteer Application Orange County Rape Crisis Center

### Description of volunteer positions:

Companions respond to calls that come in on our crisis response line by either carrying a pager for 24-hours or answering the crisis line directly at the Center's office. Using active listening and crisis intervention counseling skills, Companions provide emotional support to survivors of sexual violence, their friends and family members. Companions are also a source of information about the medical, legal and mental health options and resources available to survivors. Female and male Companions work with female and male survivors of rape, sexual assault, child sexual abuse, sexual harassment, and other forms of sexual violence. They work with clients from a wide variety of backgrounds and with clients whose assaults have happened recently or in the distant past. Companions are expected to take two 24-hour pager shifts or 12 hours of in-house shifts a month and make a nine month commitment to the Center following volunteer training.

Spanish Speaking Advocates respond to calls that come in our crisis response line from Spanish-speakers when our business office is closed by carrying a pager for a week at a time. Our business hours are Monday-Friday 9-5. Using active listening and crisis intervention counseling skills, Advocates provide emotional support to Spanish-speaking sexual violence survivors, their friends and family members. Advocates are also a source of information about the medical, legal and mental health options and resources available to survivors. Advocates are expected to take a week long pager shift every 4-6 weeks and make a nine month commitment to the Center following volunteer training.

Community Educators present educational programming to a variety of community audiences to raise public awareness about the issue of sexual violence and to promote prevention. Educators mainly present child sexual abuse prevention programs in local elementary schools. Daytime availability is required. Educators also have opportunities to represent the Center at community events by staffing OCRCC information tables and answering the community's questions about programs and services. Educators can also be trained to present English- and Spanish-language programs to groups of parents, teachers, and child care professionals on protecting children, sexual harassment, date/acquaintance rape prevention, and self-protection. Educators are asked to present a least two programs per month and make a nine month commitment to the Center following training. Schedules are flexible and are made based on volunteer's availability and school and community group schedules.

Office Volunteers assist with a variety of tasks and special projects in the Center's business offices. Example tasks include: keeping current events files up-to-date, computer entry projects, assisting with large mailings, making phone calls, etc. Office Volunteers are expected to help out between two and three hours a week depending on their availability and the open slots on our Office Volunteer schedule. Office volunteers receive on-the-job training and are asked to make a three month commitment.

Support Group Facilitators help in the creation and maintenance of a safe, supportive environment which provides participants in support groups with an opportunity to come together in support and healing. Support groups aim to provide a welcoming space for survivors of sexual violence who share similar experiences with sexual abuse. Each group is led by two trained facilitators. Support Group Facilitators receive approximately 30 hours of training and are expected to facilitate at least one 8-12

week support group for primary or secondary survivors of sexual violence each year after completion of training. Prior mental health training and/or group facilitation experience preferred.

## Training with the Orange County Rape Crisis Center

The issue of sexual violence is challenging, complex and important. Because of this, training for volunteer positions at the Center is intensive and comprehensive. Our volunteers often tell us that the training is valuable to them both personally and professionally.

It is a priority for us that the training class reflect the diversity of the Orange County population. For this reason, we are particularly interested in recruiting African-Americans, Latinos/as, Asian Americans, men, residents of northern Orange County, Gay, Lesbian, Bisexual and Transgendered Individuals, people with experience outside the United States, older adults, those who speak languages other than English, and people with weekday and summer availability. Please continue with the application even if you do not fall into one of these target groups

Once an application has been reviewed by a volunteer supervisors, applicants will be asked to come to the Center for an interview. The interview is an opportunity for you and the staff person you would be working with to learn more about each other: expectations, goals, requirements, concerns, etc. Among other things, we will also ask you to tell us about any personal experience you may have had with sexual violence.

For upcoming training class schedules see attached sheet  
*Upcoming Volunteer Trainings* or visit the Center's website for details at  
<http://www.ocrcc.org> or call 919-968-4647

### **Additional Volunteer Opportunity:**

#### **Board of Directors Volunteer**

For more information about becoming involved with the Center's Board of Directors, please call the executive director at 919-948-4647.

Please complete and return this application as soon as possible. Class size is limited.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone (home): \_\_\_\_\_ Work or Other: \_\_\_\_\_

Email address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Occupation: \_\_\_\_\_

Race: *(Please circle)* Black American Indian White Latina/o Multiracial Asian Other: \_\_\_\_\_

For what volunteer position are you applying? *(Please circle one)*

Companion      Community Educator      Office Volunteer      Support Group Facilitator

Spanish-Speaking Advocate      *Board of Directors Volunteer (for more info call (919)968-4647)*

Would you consider volunteering for another position? \_\_\_\_\_ If so, which one? \_\_\_\_\_

How did you hear about volunteering with the Center? \_\_\_\_\_

Please answer the following questions. You may type or print clearly. Feel free to attach separate sheets and/or a resume.

1. Please list relevant professional and/or volunteer experience. Include any special skills or knowledge (such as the ability to speak a foreign language).

2. What do you expect to receive from a volunteer experience at the Orange County Rape Crisis Center?



Relationship to you: \_\_\_\_\_

